



THE TITLES OF MARY MOTHER OF BELIEVERS

YOUR GUIDE:

“MATER POPULI FIDELIS—MARY, MOTHER OF BELIEVERS”

Always leading us to Jesus. Jesus alone saves us; Mary is our spiritual Mother who prays for us and helps us follow Him.

WHO IS MARY?

First and best disciple: She said “yes” to God and stayed with Jesus all the way to the Cross.

Our Mother in faith: From the Cross, Jesus gave Mary to all believers (John 19:26–27).

WHAT MARY DOES:

1. Prays for us
(like at Cana: “They have no wine”)
2. Points us to Jesus
(“Do whatever he tells you”)
3. Encourages us to open our hearts to
God’s grace

WHAT MARY DOESN’T DO:

1. Replace Jesus
2. Give grace on her own
3. Stand in the way of our direct friendship
with God

DO USE:

Use with care: Mediatrix (means she prays and helps—always under Jesus).

DON’T USE:

Co-redemptrix (can sound like Mary is a second savior—she isn’t).

SAFE TITLES:

Clear, safe titles: Mother of the Church, Mother of Believers, Help of Christians.

SCRIPTURE TO KNOW:

Genesis 3:15; Luke 1–2; John 2:1–11; John 19:26–27; Revelation 12.

GLOSSARY:

Redeemer: Jesus, who saves us from sin.

Grace: God’s life in us—only God gives it.

Intercession: Praying for someone else.

Disciple: A follower who learns and lives like Jesus.

SHORT PRAYER:

Mary, Mother of Believers, help me listen to Jesus and do what He says. Amen

